

Registered Scottish Charity
SC030685



The Health Centre
Victoria Street
Monifieth
DD5 4LX

Tel: 01382 760142

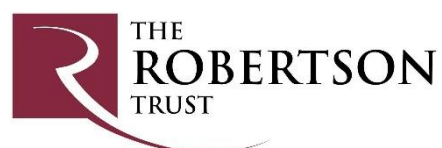
E-mail: lindsey@monifiethbefriending.co.uk
Website: www.monifiethbefriending.co.uk

To whom it may concern,

The Men's Shed is a worthwhile and well-respected community group that welcomes men (and women) and helps them to feel part of their community by giving them the opportunity to use their skills to help the local organisations, including schools and charities.

Monifieth Befrienders fully supports Men's Shed's asset transfer application. Without accommodation the Men's Shed would not be able to continue their good work and that would be a huge loss not only to the people they help in the local community but also to the members who have built up their confidence, gained satisfaction through helping others and made friends through the group.

Lindsey le Grice
Project Co-ordinator



BRITISH LEGION CARNOUSTIE

The purpose of this submission is to offer my full support to the Community Asset Transfer application currently being tabled by Men's Shed.

I have been fortunate to see at first hand the operation of the Men's Shed when I visited their current site in Invertay House in Monifieth on 24 September last year. I was impressed by their willingness to create quality bespoke products to support those less able in the community. However even more impressive was that Men's Shed offered a valuable resource facility for men in and around the Monifieth and Carnoustie areas to put purpose into their lives and to counter social isolation.

I understand that the use of Invertay House by Men's Shed is about to come to an end. It would be a tragedy if this valuable community resource - with all its accompanying tangible and intangible benefits - were to be lost. For these reasons, the Men's Shed CAT Application for the Panmure Centre in Carnoustie to allow them re-locate and continue their good work has my wholehearted support.

David R Paton
Chairman, Carnoustie Legion
and
National Vice Chairman, Royal British Legion Scotland

Email - d.paton@legionscotland.org.uk

Tel (M) XXXXXXXXXX

BURNSIDE PRIMARY SCHOOL, CARNOUSTIE

We have worked with Carnoustie and Monifieth Men's Shed a number of times over the last few years. We have been nothing but impressed with the communication, quality of work and first class service they have provided.

Our favourite item is a mud kitchen that the children simply adore. It is very sturdy and the team ensured it was strong enough to stand up to the elements in our outdoor area.

At present the men are working on an outdoor sand pit. It's wonderful to see the children's ideas come to life.

I have no hesitation recommending the team at Carnoustie and Monifieth Men's shed. The service they provide is fast, reliable and professional.

Louise Byrne, Burnside Primary School

CARNOUSTIE COMMUNITY COUNCIL

From [REDACTED]  Date Thu 19:49

On behalf of the Carnoustie Community Council and the citizens of the town I am happy to express our wholehearted backing and support for the Men's Shed. Numerous studies have shown that such groups are beneficial for the physical and mental well-being of their members, and our local Shed does sterling work producing a variety of items for groups and organisations throughout the town.

We sincerely hope they will soon find a suitable permanent home for their useful and practical activities.

Dr David A Rorie
Vice Chairman
Carnoustie Community Council.

16th March 2020



Mr G Gammack
Carnoustie and Monifieth's Men's Shed
The Machine Room
Invertay House
3 Maule Street
Monifieth
Angus DD5 4JG

CGLMC Ltd
Links House, Links Parade
Carnoustie, DD7 7JE
Tel: +44(0)1241 802270
Fax: +44(0)1241 802271
Email: golf@carnoustiegolfinks.co.uk
www.carnoustiegolfinks.co.uk

Dear Mr Gammack

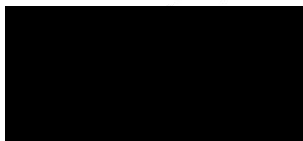
Thank you for getting in touch with Donald Archibald regarding a statement of support for the community asset transfer that the Carnoustie and Monifieth's Men's Shed are applying for.

The Men's Shed is something that we have supported on numerous occasions in the past and this is because we believe it can play a key role in our local communities. The opportunity to acquire a site in Carnoustie is fantastic news and you have our full support in any application you make to Angus Council.

As you know, we have a community benefits programme which is now well established. If you are successful in your application, I am sure this committee would be interested to learn how this programme could help to enhance lives of people in Carnoustie and the surrounding area.

We wish you success with this application and please get in touch if I can be of further assistance.

Yours sincerely



Michael Wells
Chief Executive

cc: Pat Sawers

LETTER OF SUPPORT FOR CARNOUSTIE & MONIFIETH MENS SHED

I work for Voluntary Action Angus as the senior Social Prescriber for South West Angus. I work closely with Doctors, community nurses, physiotherapists and social work. My main duties are to encourage health and wellbeing within Carnoustie and Monifieth areas

I fully support the bid for an asset transfer of part of the Panmure Community centre for use by the men's shed. The difference this community based organisation is making to men who can be lonely and isolated is immense. I have witnessed the good work first hand and have seen the improvements of wellbeing for the men attending this group. I cannot praise the hard work and dedication that has gone into the setting up and running of this fantastic community based project.

The Panmure community centre was gifted to the people of Carnoustie by James Smieton, I firmly believe that the intentions of this gift to the was to ensure that the people of Carnoustie benefit by it.

Please feel free to contact me directly if you require further information [REDACTED]

clive@voluntaryactionangus.org.uk
[REDACTED]

Yours Sincerely

Clive Goldstraw

From **Joan Robertson, Servite Housing Resident, Monifieth**

To whom it may concern

I have recently had the pleasure of works done by the Carnoustie and Monifieth Men's Shed and I would like to say that the work and the service from those people were excellent

I asked for help re an ageing conservatory suite and I must say my finished suite looks like new again they managed to renew it beautifully

I would like to say this is an amazing local group who put in lots of their time into the community and would highly recommend using them for future project

Joan Robertson

Millie's Pet Services, 69 High Street, Carnoustie

Carnoustie and Monifieth Men's Shed recently helped us 'brighten' up our door way to our premises based on the High Street in Carnoustie. Having approached the group for help, they were not only patient, kind and creative with our request but did a fantastic job. But it's the role they play in the community which is so much more important than the high standard of work that they carried out for us. From talking to the team involved, you can see how the group have plugged a much needed gap in our community and offer a lifeline for those who may need social activities, skills and trade support which naturally reduces isolation.

I'd warmly welcome and support their Community Asset Transfer request.

Many thanks,

Vicky Gunn (Millie's Pet Services)



Monifieth Community Resource Group

Secretary – Mrs. I. Sutherland
34 Princes Street, Monifieth, DD5 4AN
01382 533209
McKI@blueyonder.co.uk

OSCR Registered Scottish Charity - SCO35617

To whom it may concern

Letter in support of CAT application by Carnoustie and Monifieth Men's Shed

Monifieth Community Resource Group (MCRG) has worked closely with the Men's Shed for some time; they carry out minor repairs on our ageing portacabin in Monifieth and always have a stall at our annual Craft Fair.

The benefits to the individuals exist across a spectrum of emotional, physical and social needs and enrich the community thereby. They are also very willing to lend a practical hand to local charities, including MCRG.

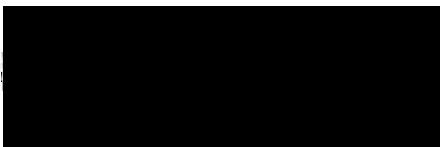
Having a permanent home is crucial for this group to flourish. They have multiple resources which are not portable and many of the attendees are involved in long term practical projects. Their needs will not diminish but will very likely increase over time given the local demographics. Being sited in Carnoustie, which has excellent bus links to Monifieth, will allow them to embed more successfully in the community.

The Men's Shed provides an excellent opportunity for individuals to meet and share their skills in a productive and practical way. The social aspect cannot be overly emphasised and support for lone males in our communities is recognized as being a high priority.

I also support their ambition to include all ages and allow access to their equipment and expertise to non male individuals.

MCRG fully supports the CAT application by the Men's Shed.

Kind regards



Chair
Monifieth Community Resource Group

Mrs Wainwright [REDACTED]

I have written a few words in support of your application. They are heartfelt, as I believe that projects like yours are the building blocks that help cement our local communities, as they help bridge the gaps between the generations and are also pivotal for supporting mental health for us all. I feel that there are not enough places that support our seniors in the community, people who have worked hard all of their lives and still want to contribute.

The Men's Shed has supported our new Inter-generational project - which is in its infancy at Monifieth High School. They have worked closely a number of times with our young people - our Glorious Gardeners - a group of youngsters with complex, additional support needs (find us on Twitter - address at the bottom of my email).

We started with a blank space and with their unending enthusiasm and support we now have some planters which have been filled with produce that we have cooked and enjoyed. They have also supported our young people to paint the planters that the pupils designed and the Men's shed built for us and we now even have to bespoke benches to match - which have been lovely considering the lovely summer we have had.

Projects like these are invaluable and should be commended. Our young people enjoy working and chatting learning new skills and interacting with them when they come along to our garden.

I genuinely believe having a secure future base will only improve an already valuable asset and is something i feel supports the health and well being of young and not so young 😊 Being part of a community and having stability, feeling secured and valued is something that we all need in life at any age. It is important to remember the much needed community enrichment we have and what we could have in the future. Projects like these tick along and their value should never be discounted as it is indeed invaluable.

I only hope that their future can be secured. We need these local groups to have that stability in order for them to continue to flourish and spread the magic and joy they have at Monifieth High School.

Kind regards
[REDACTED]

Olive Wainwright
Principal Teacher of Additional Support Needs, Monifieth High School, Panmurefield Road,
Monifieth, DD5 4QT Tel: [REDACTED] [Follow us on Twitter:](#) [REDACTED]

NHS COMMUNITY INNOVATION FUND



Communities in Control

I have known the Carnoustie & Monifieth Shed since 2015 and am very confident that committee members run a well-established organisation that has consistently delivered high quality outcomes to reduce loneliness and isolation for men in the locality. The organisation continues to recognise need and to make appropriate provision. It's good to see that they are exploring ways of expanding their service.

Kind regards

Richard

Mr Richard McIntosh
Community Capacity Building Officer -
www.communityinnovationfundtayside.scot.nhs.uk
Public Involvement Team
Chief Executive Department
NHS Tayside, North Lodge, Kings Cross, Clepington Road, DUNDEE, DD3 8EA.
Telephone Number (:- [REDACTED])

Tim Green *Community Development Officer (Men's Sheds) Age Scotland,*

The Carnoustie and Monifieth Men's Shed is part of a growing and successful Men's Shed movement. In Scotland in 2013 there were five sheds. There are now fast approaching 200 men's sheds in development or fully operational. Men's sheds are sustainable organisations that are here for the long haul. Men's sheds are supported by a range of funders including NHS Trusts, the Big Lottery, Royal Voluntary Service, Robertson Trust, Age Scotland and local authority participatory budgeting. These funders recognise the massive difference men's shed are making.

Men's sheds provide positive views of aging and later life, enhance men's health and wellbeing and combat loneliness and social isolation. This is evidenced in Age Scotland's The Shed Effect <https://www.ageuk.org.uk/documents/EN-GB-SC/The%20Shed%20Effect.pdf?dtrk=true> ; Age Scotland's Health and Well-being Survey <https://www.ageuk.org.uk/globalassets/age-scotland/documents/community-development-documents/age-scotland-mens-sheds-health-and-well-being-survey.pdf> ; and Glasgow Caledonian University Sheds for Sustainable Development Project: the health and wellbeing impacts of Men's Sheds on their users <https://www.gcu.ac.uk/yunuscentre/media/gcalwebv2/yusbh/yunuscentre/Health%20and%20Wellbeing%20Briefing%20October%202019.pdf>

Many sheds having been supported initially by external funding are now self-sustaining through the products they make for sale, by donation, through their maker culture. Men's sheds save money for local authorities and the communities they serve. Research from the Scottish Men's Shed Association and University of Aberdeen shows that the for every £1 spent on the Westhill Mens Shed in Aberdeenshire there was a return of £9.34 in in terms of health and social care and community learning outcomes. Communities benefit from projects that men's sheds deliver such as: buddy benches and mud kitchens for schools; planters and wheelchair accessible raised beds for community gardening; and nesting boxes and feeders for endangered species. Many of these products are made from recycled materials contributing to carbon emissions reduction by keeping wood, metal and plastic out of landfill. North Edinburgh Community Shed calculate that the products they make from 10 pallets of reclaimed wood are equivalent to one car off the road for a day.

Carnoustie and Monifieth Men's Shed help Angus Council, in the spirit of the Christie Commission, to make a shift toward prevention. The operating procedures of the Carnoustie and Monifieth shedders are line with Christie's recommendations in that they "...are built around people and communities, their needs, aspirations, capacities and skills, and work to build up their autonomy and resilience."

Men's sheds are enabling local authorities to locally achieve some of the National outcomes of the Scottish Government's National Performance Framework in particular:

- We respect, protect and fulfil human rights and live free from discrimination
- We grow up loved, safe and respected so that we realise our full potential
- We live in communities that are inclusive, empowered, resilient and safe
- We are creative and our vibrant and diverse cultures are expressed and enjoyed widely
- We value, enjoy, protect and enhance our environment
- We are well educated, skilled and able to contribute to society
- We are open, connected and make a positive contribution internationally

Men's sheds are very different from other community organisations in that as stewards of public buildings they possess the skill set to ensure the premises they lease or own are safe, secure, well maintained and effectively managed.

Angus Council's physical assets are in a safe pair of hands with the Carnoustie and Monifieth Men's Shed because of the considerable human and social capital of the shedders who are equipped with a rich and diverse range of skills and experience.

Tim Green

Community Development Officer (Men's Sheds)

Age Scotland,

Causewayside House, 160 Causewayside,

Edinburgh EH9 1PR.

Tim.Green@agescotland.org.uk

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Woodlands Primary School, Carnoustie

Woodlands Primary have established a strong partnership with the Men's Shed during the last school session and we have been working together in order to develop a large section of our school garden. To date the Men's Shed has provided us with benches which will be included in our Zen Garden when it is completed. We are also hoping to seek further support by getting the Shed to create veg planters/pallet shelves to grow herbs and covered sand pits.

The work that the Shed has/ will do to support us will greatly enhance our grounds, thus contributing to our school community. The sensory elements that we plan to include in our garden (sand pits, scented herbs) will support health and wellbeing learning linked to mindfulness.

The Men's Shed is an excellent community asset and is very much valued by the staff and pupils at Woodlands Primary.

Laura Ferguson, Principal Teacher, Woodlands PS, Queen Street,
Carnoustie, DD77SU, [REDACTED]
